



NARRATIVE 4

SHARE TODAY. CHANGE TOMORROW.



Annual Report
2018

THE ONE
TRUE DEMOCRACY
WE HAVE IS STORYTELLING.
IT GOES ACROSS BORDERS,
BOUNDARIES, GENDERS,
WEALTH, RACE -

- EVERYONE
HAS A STORY
TO TELL.

Colum McCann

- NARRATIVE 4 COFOUNDER & PRESIDENT -

Illustration: Lucia Pola



N4 co-founder and President Colum McCann launching Narrative 4 Ireland in June 2016 at 58 O'Connell Street, Limerick.

A Welcome Letter From the Chairperson of Narrative 4 Ireland.

In June 2016, with the help of Limerick City and County Council and The JP McManus Benevolent Fund, Narrative 4 Ireland opened a state-of-the-art creative facility in Limerick. We were given access to a dilapidated Georgian townhouse that once served as a public library on O'Connell Street. Because of its literary history, Limerick seemed like a natural place in which to set up a storytelling centre - a place where young people from across the city, and indeed the globe, could come together to step into one another's shoes. That is the fundamental tenet of Narrative 4 – You tell my story, I will tell yours. This act of radical empathy is designed so that the true function of stories – to connect us and bring us alive in bodies not our own – can not only live on, but flourish. Once you realise the value of your story, you can turn that empathy into action on the ground. It's a whole new way of listening and seeing.

Limerick has always been a big-hearted town. And story-telling has always been at the centre of what propels Irish people. Since we have opened three years ago, we have worked with tens of thousands of young people; all eager to tap into their creativity and tell their stories. The Story Exchange allows us to see each other and ourselves in new ways, to connect in profound ways. Our shared humanity becomes apparent. What is the new world except the story of everybody else?

I co-founded Narrative 4 in 2012 along with Lisa Consiglio in response to the realisation that barriers are being shoved into place and stereotypes reinforced at an alarming rate around the world. Today Narrative 4 programmes are running in Ireland, the USA, Mexico, UK, South Africa, Israel, Palestine, Nigeria and Columbia giving young people a platform and a sense of hope. With your help we are building a thriving network of exchange participants, practitioners and supporters around the world: all of this is an Irish initiative, radiating from Limerick, but it has spread itself across the globe. On the following pages we celebrate what has unfolded in Ireland in a single year; from intergenerational story exchanges; projects on mental health to partnerships and facilitator training.

2018 was a landmark year for Narrative 4 Ireland; as well as being awarded Social Innovation Fund Ireland's Youth Mental Health Award for our innovative programme, our Storytelling Centre won Limerick Tidy Town's Building of the Year; and an exchange between British and Irish young people was featured in the Guardian newspaper.

We're interested in sharing today and sharing tomorrow.

Here's to stories, and to those who tell them --



Colum McCann
Chairman and Co-Founder.

Narrative 4 Ireland



January - Narrative 4 Ireland is featured in The Irish Examiner 'Is our Empathy Failing Us?'



February - Colum McCann was a guest on RTE Radio 1's The Marian Finucane Show speaking about Narrative 4. We also partnered with the Limerick Spring Festival of Politics and Ideas for a live storytelling event.



March - We won Limerick Tidy Towns building of the year.



April - We partnered with Amnesty International for their Youth Day to run a Story Exchange for 80 youth from 10 different schools. We also ran a workshop for youth at Cúirt International Festival of Literature.



May - In 2018, we partnered with Poetry Ireland Writers in Schools Programme; writers Roisin Meaney and Pete Mullineux worked with over 150 Limerick children.



June - Limerick student Alex McCarthy speaking at the N4 Global Summit in New Orleans.

July - N4 ran empathy building workshops for youth in LIT Summer Camps.



August - The Empathy Project begins! We train 17 pioneering secondary school teachers as Story Exchange Facilitators.



N4 partnered with the Design & Crafts Council of Ireland for National Heritage Week for a series of free workshops and an exhibition of crafts.

Narrative 4 Creative Pool. With funding from Limerick Arts Office we held an open call for 12 writers/ artists to apply to be trained as Story Exchange facilitators. The writers/ artists trained were Richard Hannafin, Helena Close, Simon Thompson, Ann Blake, Sarah Moore Fitzgerald, Joanne Ryan, Jess Kelly-Stack, Ruth Marshall, Michael Rowsome, Paul McNamara and Erica Veil.



September - We host Culture Night - Who Is Limerick? We begin two new projects: Girl Stories and Boy's Stories.

October - N4 host a Ghost and Horror Story Workshop for teenagers with UL Writer in residence; Martin Dyar.



November - We hosted 30 British and Irish youth for the Telling the Other Story: Narratives Without Borders Project. N4 also hosts an evening of music, literature and empathy at the Belltable Theatre with authors Donal Ryan, Ruth Gilligan, David Savill, Paula McGrath and musician Kathleen Turner.



December - Our project 'Telling the Other Story' featured in The Guardian newspaper.

We were awarded the Social Innovation Fund Ireland's Youth Mental Health Fund.



Vision and Mission

- Our vision is a world where young adults lead with empathy
- Our mission is to harness the power of the story exchange to equip and embolden young adults to improve their lives, communities and the world



Our Core Methodology

The story exchange is the powerful core methodology behind N4's work, which highlights our shared humanity. On the surface, the story exchange seems straightforward... pair up people and have them tell a personal story. Sounds easy, right? We've led thousands of responsible exchanges around the world, and we can assure you they are always breathtakingly complex and deeply impactful.

”

It was an adventure into another wavelength of life.

Tom Hanly,
participant in
Intergenerational
Story Exchange.

“

“Narrative 4 empowers my students to engage and understand real people, while feeling listened to and understood themselves. Building empathy is instrumental in the development of our young people, they are the leaders, teachers, doctors and legislators of tomorrow.

Paula O'Sullivan, English and History teacher
at the Gaelcholáiste Luimnigh.

1. Preparing

A host working with a Narrative 4 facilitator organises a group of 8 to 16 participants, identifies objectives, ensures a safe space and builds trust through communication.

2. Pairing and Sharing

The facilitator pairs participants and gives them time to share their stories. Participants actively listen to their partner's stories.

In a story exchange, individuals are randomly paired together and each participant shares a story that in some way defines them. Afterwards, participants are responsible for telling their partners story, taking on the persona of their partner, and telling the story in the first person. Led by Narrative 4 facilitators, story exchanges are customised for the classrooms and community organisations building on four basic steps.

3. Exchanging Stories

After a break the facilitator brings everyone together in a circle to share his or her partner's story in the first person.

4. Reflecting

The facilitator leads a discussion about what it felt like to take on another person's story and creates a sense of closure.

The Empathy Project



The Empathy Project began in August 2018 with the aim to reach as many young people as possible by training secondary school teachers and youth workers to facilitate the Story Exchange Programme in their schools.

In the training, teachers underwent a story exchange, up-skilled in Story Exchange Facilitation and received a N4 Toolkit.

Facilitators are the key to the Narrative 4 Story Exchange they lead the preparation, facilitate the exchange and guide the reflection process.



In 2018, we trained 14 educators from 11 different secondary schools:

- Paula O' Sullivan, • Niamh McGrath (Gaelcholáiste Luimnigh),
- Norma Lowney (Limerick Educate Together), • Marion Begley (Coláiste Nano Nagle), • Shane Curtin (Coláiste íde agus Iosef) • Maria Coughlan, • Ciara O'Shea, • Eimear O' Connor (St Aloysius' College, Carrigtwohill), • Kim Brown (Ceim ar Cheim - Moyross Youth Academy), • Aine Curtin (Scoil Na Tríonóide Naofa, Doon), • Hugh Fitzmaurice (CBS Monkstown Dublin), • Rachel Lenihan (SMI Newcastle West), • Aoife McCarthy (Colaiste Mhuire Buttevant),
- Kathy MacAndrew (LCETB Literacy Programme).

In 2019, we trained a further 32 secondary school teachers and 54 youth workers.

Tell Your Story took place between September and May with the aim to build community between older citizens and youths (12 to 17 years) in Limerick through the medium of storytelling. Narrative 4 recruited older people who were interested in storytelling from a number of community organisations in the city and county. With a total of 180 participants, involving 5 schools Gaelcholáiste Luimnigh, Desmond College, Bruree NS, Scoil Mhuire agus íde, Desmond complex and Friar's Gate Theatre, this intergenerational story exchange allowed different generations to bridge the gap and see the world through the eyes of another, to right misconceptions and shatter stereotypes; to learn from each other and share knowledge in a truly unique and special way. A 16 year old from Garryowen re-tells the story of an 80 year old from his community and vice versa. Without exception the older people commented on how smart and open the students were. The image of the bored teenager became replaced by a delight in how 'smart' and engaging the young people were.



Illustration: Lucia Pola - www.oldschool.ie



Telling the Other Story: Narratives without Borders

Youth from Limerick and Birmingham explore the Irish and English Story

Telling The Other Story brought thirty diverse youth together to experience the social impact of literature and storytelling. Fifteen youth from three schools in Birmingham (Earls High School, Joseph Chamberlain College and Holyhead School) travelled to Narrative 4 in Limerick for a three-day cultural programme. In Limerick they met with fifteen youth from the city (Gaelcholáiste Luimnigh) and together worked with renowned British and Irish authors, visited museums and acquired new creative writing skills; as well as taking part in a Story Exchange with each other. An article on the project appeared in *The Guardian* on the 8th December 2018. A documentary film '**Some Stories**' was also shot and screened in Birmingham in May 2019.



Project Aims

- To use storytelling to change attitudes and develop empathy in youth.
- To provide them with arts access and the chance to experience another culture first hand.
- To engender public conversation around literature as a tool for cultural understanding at a time when intolerance is on the rise.



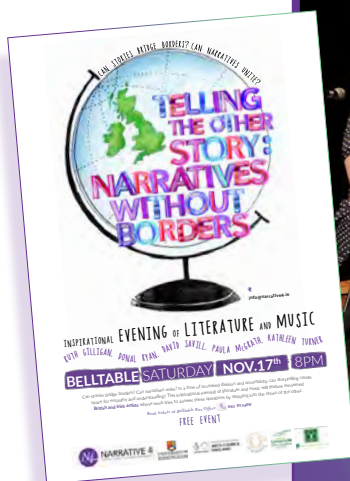
"Home is where the soul is. I left part of my soul in Limerick with my story, part of me lives there and will continue living there. I brought back stories with me, we all brought back stories with us and there is a home for them here" - Participant.

"Going to school, it's easy to lose faith in your contemporaries and just think, 'We have nothing linking us', because some people aren't very nice. There is so much division between teenagers, between the different social groups. It was so nice to be in a room with people who didn't care about all that, who were going to tell their story anyway." - Participant.

"It created an understanding for other people and made me feel like I'm not alone. I am everyone else." - Participant.

"I have had the most wonderful time this weekend. I have made some amazing friends and the story exchange has helped me deal with my thoughts/feelings as well as others". - Participant.

"It has profoundly affected my view on humanity and made me realise we are more alike than different." - Participant.



An evening of literature and music was also held in the Belltable theatre, answering questions such as Can stories bridge borders? and Can narratives unite? The event featured Irish and British literary and musical artists including Ruth Gilligan, Donal Ryan, David Savill, Paula McGrath and Kathleen Turner.

Project supported by Arts Council England, University of Birmingham, Ireland Funds.

Summit 2018

In June, the **Narrative 4 Annual Summit** was held in New Orleans, USA. Four Limerick youths, Alex McCarthy, Gustav Marciszewski, Ameer O'Connor Berkery and Daragh De Klein attended the summit as Global Ambassadors after being awarded the Loretta Brennan Glucksman Scholarship. The young Global Ambassadors from Ireland, USA, Mexico, Israel/ Palestine, South Africa met with a wide variety of community leaders in New Orleans, who think globally but act locally, and who have made positive changes to their communities.



Amnesty International Youth Day

In April, we partnered with Amnesty International Ireland to run a workshop as part of their annual Schools Day in Dublin. Over 80 students from 10 different secondary schools took part in a Story exchange. The theme of the story exchange was BRAVERY. It takes bravery to step into the shoes of someone else and understand their perspective.

Poetry Ireland and Narrative 4 Partner in 5 Schools

In May and June 2018, Narrative 4 Ireland partnered with Ireland's national Poetry organisation; Poetry Ireland, in their Writer's in Schools Programme. Writers Roisin Meaney and Pete Mullineux worked with 5 primary schools in Limerick's inner city for the Story Exchange project. The schools involved were: St. Brigid's National School, St. Nessans National School, John F Kennedy Memorial School, An Mhodscoil and Scoil Mhathair De. Over 150 children worked with the writers for a month learning how to express empathy through telling one another's stories.



Boy's Stories: Intergenerational Story Exchange

'Is it okay for a man to cry? Should boys and men talk to each other about their experiences? What does it even mean to be a man in Limerick in 2019?' These were some of the questions addressed by participants of the Narrative 4 'Boys' Stories' project, which was made up of 67 boys from three primary schools in Limerick City, five members of the Moyross Youth Academy and 32 men. Participants discussed gender stereotypes, learned about storytelling and explored boundaries. By choosing stories from their own lives about being a boy or man, and sharing it with the intergenerational group, they gained an empathetic insight, and a greater understanding of masculinity from the group. A fifth class student from Corpus Christi National School in Moyross concluded that "boys should talk about their stories and not be afraid to tell their story." Michael Ryan, principal of Our Lady Queen of Peace commented: "Every story has helped me to know each person here a little bit better. My story is everybody's story." Participating schools were Corpus Christi Primary School; Our Lady Queen of Peace National School, Janesboro; St. John the Baptist Boys National School, Garryowen; Moyross Youth Academy. Facilitated by Caitlin Lewis and Richie Hannafin.



Girl's Stories

Girls Stories is a weekly creative arts project for migrant teenage girls who are new to the city. The project provides a safe space to make art, chat, share stories and improve their spoken English. Working with art therapist Sheila Richardson, the participants created various works of art and have had two exhibitions to date. The project continues to run and is open to new participants. Funded by Department of Justice's Communities Integration Fund.



Project Art-ticulate

worked with 15 Syrian young people who have been resettled here as part of the Government Resettling Scheme. The aims of the project was integration and youth development. For eight weeks the young people came to Narrative 4 to explore their emerging identities through art and build relationships. In June 2018, the young people held a public exhibition of their work at Narrative 4. Project in partnership with Doras Luimní and Limerick City and County Council.



Culture Night

Who is Limerick? We opened our doors on Culture Night creating a giant papier-mâché Limerick person with the help of the community. Our young and young at heart participants decided that our Limerick giant was a big hearted kind hurler, who was proud of where he came from.

Ghost and Horror Story Writing Workshop

On Halloween break, we partnered with the University of Limerick to host a writing workshop on ghost and horror story writing for teenagers with UL Writer in residence; Martin Dyar as part of Frankenweek.

A Narrative for Limerick

A Narrative for Limerick is a monthly story-telling event that invites you to share and experience the true honest and heartfelt stories that make Limerick special. Hosted by a guest artist who sets a theme. Some of the artists who hosted in 2018 were Ann Blake, Helena Close, Simon Thompson, Justyna Cwojdzinska and Sarah Moore Fitzgerald.



NARRATIVE 4

2018 Statistics

- 2,440 Tracked Participants
- 156 Workshops Facilitated
- 31 Participating Schools
- 14 new Educators Trained as Story Exchange Facilitators
- 12 New Writers/ Artists trained as Story Exchange Facilitators

Organisations we've hosted in 2018



Events 2018

In 2018, we hosted several cultural organisations at the N4 Centre and hosted a number of literary events.



**Making Spaces:
CRAFTed Showcase**

18 August, 12pm - 4pm
19 August, 12pm - 4pm
20 August, 10am - 5pm
21 August, 10am - 5pm
22 August, 10am - 5pm
23 August, 10am - 8pm
24 August, 10am - 5pm
25 August, 12pm - 4pm

Design & Crafts Council of Ireland
Narrative4, 58 O'Connell Street,
Limerick
Co. Limerick



The Board of Directors of
Narrative 4 Ireland
cordially invites you
to a
CHRISTMAS CELEBRATION
with readings by
COLLUM MCCANN and RUTH GILLIGAN
music by
COLM MAC CON IOMAIRÉ

MONDAY 17 DECEMBER
6.00PM
58 O'CONNELL STREET
LIMERICK, IRELAND
RSVP: info@narrative4.ie

**GHOST & HORROR STORY
WRITING WORKSHOP
FOR 13 - 17 YEAR OLDS**



WHERE: NARRATIVE 4 58 O'CONNELL ST
WHEN: TUESDAY, 30TH OCTOBER 2018
TIME: 1-6 PM
FEE: €10
WITH UL WRITER IN RESIDENCE MARTIN DYAR

Frankenweekend project website (https://frankenweekend.org)
Frankenweekend@ul.ie blog (https://frankenweekend.wordpress.com/)



NATIONAL HERITAGE WEEK
18-25 OCTOBER

DCI
ARCA
NARRATIVE 4

To book a place, contact us on 087 111 1100. Or email info@narrative4.ie




11. Polish Arts Festival

DIALOG
20.09 - 04.10.18
THE HUNT MUSEUM
BELLTABLE
NARRATIVE 4



THE LIMERICK SPRING
A NARRATIVE 4 FOR LIMERICK
18.05.2018



LIMERICK LITERARY FESTIVAL
in honour of Kate O'Brien

NARRATIVE 4

ARREO
UN DOCUMENTAL DE TATO MORENO



18 05 18
FILM SCREENING

8PM 9.30PM £7

TATO MORENO
CLAUDIA DAYDOR

Tickets available on 1850000000

LIMERICKSOUNDSCAPES

Collect & Listen to the Sounds of your City

POETRY READING

Friday 26th October at 6pm
Narrative 4, 58 O'Connell Street, Limerick.

FEATURING
Eileen Sheehan
John W. Sexton
& visiting American poet
David Rigsbee

CONTACT US
58 O'CONNELL STREET LIMERICK, IRELAND
FACEBOOK: @NARRATIVE4IRELAND
EMAIL: INFO@NARRATIVE4.IE
PHONE: (061) 315 655

NARRATIVE 4

Eileen Sheehan
Eileen Sheehan was born in 1958 in South Kerry. She is the author of the poetry collection, *Waves*, published in 2012 by the Limerick Poetry Society. She is also the author of the novel *Waves*, published in 2014 by the Limerick Poetry Society. She is also the author of the novel *Waves*, published in 2014 by the Limerick Poetry Society.

John W. Sexton
John W. Sexton was born in 1958 in South Kerry. He is the author of the poetry collection, *Waves*, published in 2012 by the Limerick Poetry Society. He is also the author of the novel *Waves*, published in 2014 by the Limerick Poetry Society.

David Rigsbee
David Rigsbee is the author of 20 books and chapbooks, including his full-length novel *Waves*, published in 2012 by the Limerick Poetry Society. He is also the author of the novel *Waves*, published in 2014 by the Limerick Poetry Society.

**AN EVENING WITH AUTHOR
RUTH GILLIGAN**

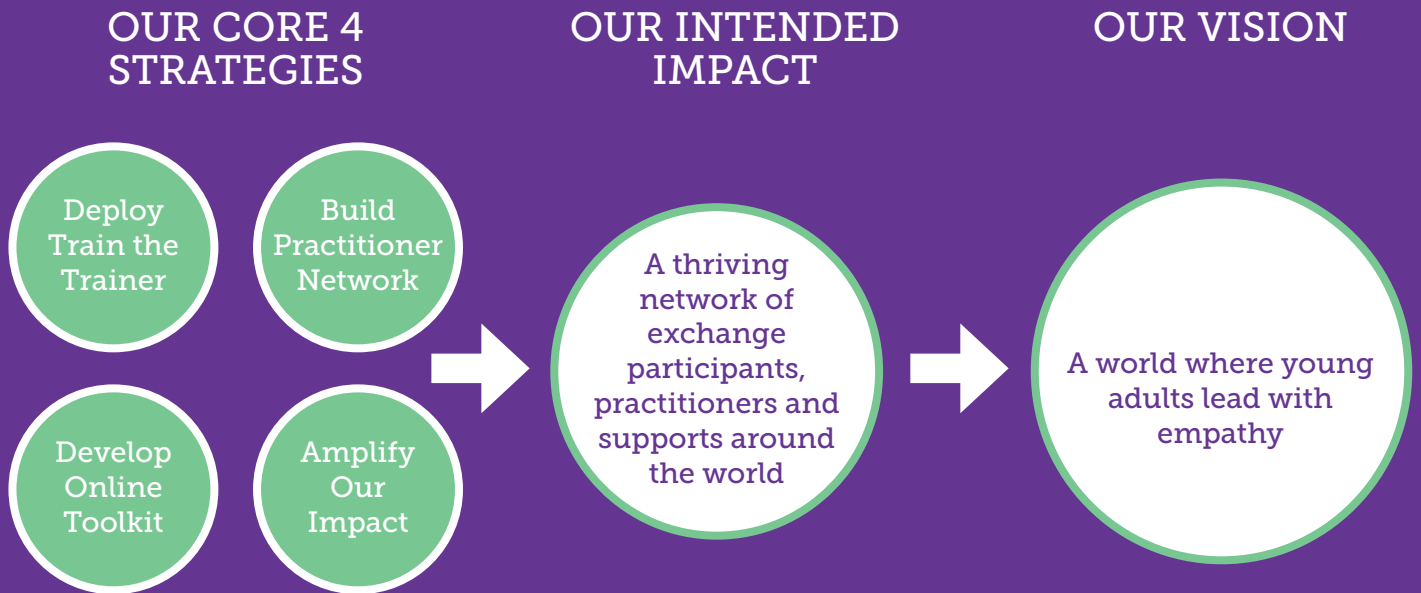


READING FROM HER NOVEL NINE FOLDS MAKE A PAPER SWAN
AND SPEAKING ABOUT HER WORK IN THE COMMUNITY WITH
NARRATIVE 4 IN THE UK.

TUESDAY 16TH MAY
7.30PM
FREE ADMISSION

**BESTSELLING
NOVELIST,
JOURNALIST &
EDUCATOR**

58 O'CONNELL STREET, LIMERICK



I'm thankful for N4 because it has truly changed my life. I try and approach situations with empathy and I see the world in a different light now.

Alex M. – Student Limerick, Ireland.

When you show empathy to someone else and they show it back you kind of connect with them on a better level.



Aidan - Student Limerick, Ireland.

Testimonials

I learned that everyone is vulnerable at times and everyone is going through something similar. After going through the N4 Programme, I am definitely more open to telling people how I feel. I realised that people are there to get you through hard times and are here to listen to you.

- Alex, 4th Year Student at Gaelcholáiste Luimnigh.

Yesterday I took part in a Narrative 4 story exchange. Now I can personally testify to the power of stories and walking in other people's shoes. I think it might have changed me forever.

- Deirdre Mortell, CEO Social Innovation Fund Ireland.

I really enjoyed the Narrative 4 programme. The programme allowed us to talk about subjects we normally don't get to discuss at school. It also had me talking to people (in my class) that I normally wouldn't have spoken to. I had been perfectly able to have empathy for people that I liked and got on well with but I was often unwilling to, and in some cases unable to show empathy for the people that I did not like. The N4 programme helped me to realise I should show empathy for everybody which can be difficult but thanks to N4, I am making a bigger effort to do that now.

- Liam, 5th Year Student, SMI Secondary School, Newcastle West, Co Limerick.

I trained as a N4 facilitator along with my colleague Marc. We both really felt it would be a very effective tool, particularly when working with some hard to reach young people. Gaisce works with a broad range of groups across the country, so we felt that the Narrative 4 material would be very useful when working within the youth justice sector and with young people in the asylum process.

- Niall Barrett, Staff at Gaisce- The President's Award.

It was wonderful to be able to explore and understand themes like listening and empathy over a four week period, culminating in a story exchange with the students.

- Helena Close, Writer and N4 Facilitator.

Narrative 4 has enabled my students to broaden their horizons. The focus on creating real world connections is invaluable in developing emotional intelligence among a generation that sometimes struggles with this. Storytelling is a force for social change.

- Paula O'Sullivan, Secondary School English Teacher at Gaelcholáiste Luimnigh.

What a glorious article on the Narrative 4 workshop in Limerick (telling Tales 8 December). It's a deceptively simple formula, but I know from running workshops like this, where people tell each other's deep stories, that establishing a baseline of confidence is critical. If I were running the world, it would be part of the school curriculum everywhere.

- Mel O'Gorman, The Guardian Letter Page 15. Dec 2018.

- Run a year long Story Exchange Project in Thomond Community College and Coláiste Chiaráin Croom
- Scale, by replicating the US model in training more secondary school teachers and youth workers to deliver Story Exchanges
- Build a network of facilitators and master practitioners within Ireland trained to the highest standards
- Build a community of young people who have completed the N4 programme and who continue to implement and share its learnings
- Communicate the power of empathy and the need for it in wider society through our events at the N4 Centre, our own social media and external media content
- Build partnerships with Department of Education and Skills and other educational providers

Narrative 4 in the Media

In 2018 Narrative 4 Ireland featured in:

The Guardian

 **Irish Examiner**

Limerick's Newspaper since 1880
LIMERICK LEADER



Governance

Narrative 4 Ireland is a company limited by guarantee.

Registered in Dublin Ireland

Company Number: 594852

Registered Charity Number (RCN): 20155254

CHY Number: 22037

Company accountant/ auditors : Liston Lonergan Meade, 4 Cornmarket Row, Limerick.

Board



Colum McCann



Bill Shipsey



Colm Mac Con Iomaire



Susie Lopez



Vicki Nash

Staff

James Lawlor (Regional Director, Ireland), Rachel Guinane (Assistant),
Geraldine Duggan (Accounts and Payroll).

Facilitators: Bernardine Carroll (Project Worker), Ruth Gilligan, Sheila Quealey, Caitlin Lewis, Richie Hannafin, Sheila Richardson, Paula McGrath, Ann Blake, Roisin Meaney, Pete Mullineux and Helena Close. COOP Interns: Jenny Grace and Christian Lynch.

Sponsors



Comhairle Cathrach & Contae Luimnigh

Limerick City & County Council



SOCIAL INNOVATION FUND

Sustaining great ideas



Susie Lopez

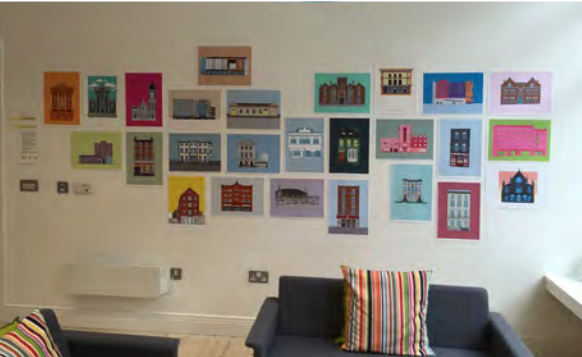


AN ROINN DLÍ AGUS CIRT AGUS COMHIONANNAS
DEPARTMENT OF JUSTICE AND EQUALITY

REGENERON



Limerick Tidy Towns



Photographers

- Deirdre Power
- Shane Vaughan
- Diarmuid Greene

Financials

NARRATIVE 4

IRISH ANCESTRY
RESEARCH CENTRE



Narrative 4 Company Limited by Guarantee

(A company limited by guarantee, without a share capital)

Directors' Report and Unaudited Financial Statements

for the year ended 31 December 2018

Narrative 4 Company Limited by Guarantee

(A company limited by guarantee, without a share capital)

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Narrative 4 Company Limited by Guarantee

(A company limited by guarantee, without a share capital)

DIRECTORS AND OTHER INFORMATION

Directors	Colum McCann Katherine Nash Colm Mac Con Iomaire (Appointed 27 September 2018) William Shipsey (Appointed 27 September 2018) Lisa Consiglio (Resigned 27 September 2018) Suzanne Lopez (Appointed 27 September 2018)
Company Secretary	Katherine Nash
Company Number	594852
Charity Number	20155254
Registered Office	Bishops Gate Henry Street Limerick
Business Address	58 O'Connell Street Limerick Ireland
Accountants	Liston Lonergan Meade Chartered Accountants Fourth & Fifth Floor Cornmarket Square Limerick Republic of Ireland
Bankers	Permanent TSB 131 O'Connell Street Limerick

Narrative 4 Company Limited by Guarantee

(A company limited by guarantee, without a share capital)

DIRECTORS' REPORT

for the year ended 31 December 2018

The directors present their report and the unaudited financial statements for the year ended 31 December 2018.

The Company is limited by guarantee not having a share capital.

There has been no significant change in these activities during the year ended 31 December 2018.

Financial Results

The surplus for the year after providing for depreciation amounted to €30,967 (2017 - €43,299).

At the end of the year, the company has assets of €83,371 (2017 - €54,371) and liabilities of €9,105 (2017 - €11,072). The net assets of the company have increased by €30,967.

Directors and Secretary

The directors who served throughout the year, except as noted, were as follows:

Colum McCann
Katherine Nash
Colm Mac Con Iomaire (Appointed 27 September 2018)
William Shipsey (Appointed 27 September 2018)
Lisa Consiglio (Resigned 27 September 2018)
Suzanne Lopez (Appointed 27 September 2018)

The secretary who served throughout the year was Katherine Nash.

There were no changes in shareholdings between 31 December 2018 and the date of signing the financial statements.

In accordance with the Constitution, the directors retire by rotation and, being eligible, offer themselves for re-election.

Future Developments

The company plans to continue its present activities and current trading levels. Employees are kept as fully informed as practicable about developments within the business.

Post Balance Sheet Events

There have been no significant events affecting the company since the year-end.

Accounting Records

To ensure that adequate accounting records are kept in accordance with sections 281 to 285 of the Companies Act 2014, the directors have employed appropriately qualified accounting personnel and have maintained appropriate computerised accounting systems. The accounting records are located at the company's office at Bishops Gate, Henry Street, Limerick.

Signed on behalf of the board

Colum McCann
Director



Katherine Nash
Director



6 June 2019

Narrative 4 Company Limited by Guarantee

(A company limited by guarantee, without a share capital)

DIRECTORS' RESPONSIBILITIES STATEMENT

for the year ended 31 December 2018

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable Irish law and regulations.

Irish company law requires the directors to prepare financial statements for each financial year. Under the law the directors have elected to prepare the financial statements in accordance with the Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", applying Section 1A of that Standard, issued by the Financial Reporting Council. Under company law, the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the assets, liabilities and financial position of the company as at the financial year end date and of the surplus or deficit of the company for the financial year and otherwise comply with the Companies Act 2014.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies for the company financial statements and then apply them consistently;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

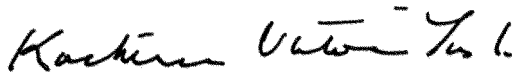
The directors are responsible for ensuring that the company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the company, enable at any time the assets, liabilities, financial position and surplus or deficit of the company to be determined with reasonable accuracy and enable them to ensure that the financial statements and Directors' Report comply with the Companies Act 2014. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the board

Colum McCann
Director



Katherine Nash
Director



6 June 2019

Narrative 4 Company Limited by Guarantee

(A company limited by guarantee, without a share capital)

CHARTERED ACCOUNTANTS' REPORT

to the Board of Directors on the unaudited financial statements of Narrative 4 Company Limited by Guarantee for the year ended 31 December 2018

In accordance with our engagement letter and in order to assist you to fulfil your duties under the Companies Act 2014, we have prepared for your approval the financial statements of the company for the year ended 31 December 2018 which comprise the Income and Expenditure Account, the Balance Sheet, the Reconciliation of Members' Funds, the Cash Flow Statement and the related notes from the company's accounting records and from information and explanations you have given to us.

This report is made solely to the Board of Directors of Narrative 4 Company Limited by Guarantee, as a body, in accordance with the terms of our engagement. Our work has been undertaken solely to prepare for your approval the financial statements of Narrative 4 Company Limited by Guarantee and state those matters that we have agreed to state to the Board of Directors of Narrative 4 Company Limited by Guarantee, as a body, in this report in accordance with the guidance of Chartered Accountants Ireland. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than Narrative 4 Company Limited by Guarantee and its Board of Directors, as a body, for our work or for this report.

We have carried out this engagement in accordance with guidance issued by Chartered Accountants Ireland and have complied with the ethical guidance laid down by Chartered Accountants Ireland relating to members undertaking the compilation of financial statements.

It is your duty to ensure that Narrative 4 Company Limited by Guarantee has kept adequate accounting records and to prepare statutory financial statements that give a true and fair view of the assets, liabilities, financial position and surplus of Narrative 4 Company Limited by Guarantee. You consider that Narrative 4 Company Limited by Guarantee is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the financial statements of Narrative 4 Company Limited by Guarantee. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory financial statements.

LISTON LONERGAN MEADE

Chartered Accountants
Fourth & Fifth Floor
Cornmarket Square
Limerick
Republic of Ireland

6 June 2019

Narrative 4 Company Limited by Guarantee
 (A company limited by guarantee, without a share capital)
INCOME AND EXPENDITURE ACCOUNT
 for the year ended 31 December 2018

Notes	2018 €	2017 €
Income	148,802	100,605
Expenditure	(117,835)	(57,306)
Surplus before tax	<u>30,967</u>	<u>43,299</u>
Tax on surplus	-	-
Surplus for the year	<u>30,967</u>	<u>43,299</u>
Total comprehensive income	<u><u>30,967</u></u>	<u><u>43,299</u></u>

Approved by the board on 6 June 2019 and signed on its behalf by:

Colum McCann
 Director



Katherine Nash
 Director



Narrative 4 Company Limited by Guarantee

(A company limited by guarantee, without a share capital)

BALANCE SHEET

as at 31 December 2018

	Notes	2018 €	2017 €
Fixed Assets			
Tangible assets	5	20,096	23,446
Current Assets			
Debtors	6	500	1,400
Cash and cash equivalents		62,775	29,525
		63,275	30,925
Creditors: Amounts falling due within one year	7	(9,105)	(11,072)
Net Current Assets		54,170	19,853
Total Assets less Current Liabilities		74,266	43,299
Reserves			
Income and expenditure account		74,266	43,299
Equity attributable to owners of the company		74,266	43,299

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", applying Section 1A of that Standard.

We as Directors of Narrative 4 Company Limited by Guarantee, state that -

(a) the company is availing itself of the exemption provided for by Chapter 15 of Part 6 of the Companies Act 2014,

(b) the company is availing itself of the exemption on the grounds that the conditions specified in section 358 are satisfied,

(c) the members of the company have not served a notice on the company under section 334(1) in accordance with section 334(2),

(d) we acknowledge the company's obligations under the Companies Act 2014, to keep adequate accounting records and prepare financial statements which give a true and fair view of the assets, liabilities and financial position of the company at the end of its financial year and of its profit or loss for such a year and to otherwise comply with the provisions of the Companies Act 2014 relating to financial statements so far as they are applicable to the company.

Approved by the board on 6 June 2019 and signed on its behalf by:

Colum McCann
Director



Katherine Nash
Director



Narrative 4 Company Limited by Guarantee
(A company limited by guarantee, without a share capital)
RECONCILIATION OF MEMBERS' FUNDS
as at 31 December 2018

	Retained surplus	Total
	€	€
Surplus for the year	43,299	43,299
At 31 December 2017	<u>43,299</u>	<u>43,299</u>
Surplus for the year	30,967	30,967
At 31 December 2018	<u><u>74,266</u></u>	<u><u>74,266</u></u>

Narrative 4 Company Limited by Guarantee

(A company limited by guarantee, without a share capital)

CASH FLOW STATEMENT

for the year ended 31 December 2018

	Notes	2018 €	2017 €
Cash flows from operating activities			
Surplus for the year		30,967	43,299
Adjustments for:			
Depreciation		3,350	3,350
		<u>34,317</u>	<u>46,649</u>
Movements in working capital:			
Movement in debtors		900	(1,400)
Movement in creditors		(1,967)	11,072
		<u>33,250</u>	<u>56,321</u>
Cash flows from investing activities			
Payments to acquire tangible fixed assets		-	(26,796)
			<u>-</u>
Net increase in cash and cash equivalents		33,250	29,525
Cash and cash equivalents at beginning of financial year		29,525	-
		<u>62,775</u>	<u>29,525</u>
Cash and cash equivalents at end of financial year	10	62,775	29,525

Narrative 4 Company Limited by Guarantee

(A company limited by guarantee, without a share capital)

NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31 December 2018

1. GENERAL INFORMATION

Narrative 4 Company Limited by Guarantee is a company limited by guarantee incorporated in the Republic of Ireland. Bishops Gate, Henry Street, Limerick, is the registered office, which is also the principal place of business of the company. The nature of the company's operations and its principal activities are set out in the Directors' Report. The financial statements have been presented in Euro (€) which is also the functional currency of the company.

2. ACCOUNTING POLICIES

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the company's financial statements.

Statement of compliance

The financial statements of the company for the year ended 31 December 2018 have been prepared in accordance with the provisions of FRS 102 Section 1A (Small Entities) and the Companies Act 2014.

Basis of preparation

The financial statements have been prepared on the going concern basis and in accordance with the historical cost convention except for certain properties and financial instruments that are measured at revalued amounts or fair values, as explained in the accounting policies below. Historical cost is generally based on the fair value of the consideration given in exchange for assets. The financial reporting framework that has been applied in their preparation is the Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" Section 1A, issued by the Financial Reporting Council.

Income

Turnover comprises the invoice value of goods supplied by the company, exclusive of trade discounts and value added tax.

Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost or at valuation, less accumulated depreciation. The charge to depreciation is calculated to write off the original cost or valuation of tangible fixed assets, less their estimated residual value, over their expected useful lives as follows:

Fixtures, fittings and equipment - 12.5% Straight line

The carrying values of tangible fixed assets are reviewed annually for impairment in periods if events or changes in circumstances indicate the carrying value may not be recoverable.

Trade and other debtors

Trade and other debtors are initially recognised at fair value and thereafter stated at amortised cost using the effective interest method less impairment losses for bad and doubtful debts except where the effect of discounting would be immaterial. In such cases the receivables are stated at cost less impairment losses for bad and doubtful debts.

Trade and other creditors

Trade and other creditors are initially recognised at fair value and thereafter stated at amortised cost using the effective interest rate method, unless the effect of discounting would be immaterial, in which case they are stated at cost.

Taxation

The company has a Charitable Tax Exemption and therefore is exempt from Corporation Tax.

3. OPERATING SURPLUS

	2018	2017
	€	€
Operating surplus is stated after charging:		
Depreciation of tangible fixed assets	3,350	3,350

Narrative 4 Company Limited by Guarantee
(A company limited by guarantee, without a share capital)
NOTES TO THE FINANCIAL STATEMENTS

continued

for the year ended 31 December 2018

4. EMPLOYEES

The average monthly number of employees, including directors, during the year was as follows:

	2018	2017
	Number	Number
Employee	<u>2</u>	<u>1</u>

5. TANGIBLE FIXED ASSETS

	Fixtures, fittings and equipment	Total
	€	€
Cost		
At 31 December 2018	<u>26,796</u>	<u>26,796</u>
Depreciation		
At 1 January 2018	3,350	3,350
Charge for the year	<u>3,350</u>	<u>3,350</u>
At 31 December 2018	<u>6,700</u>	<u>6,700</u>
Net book value		
At 31 December 2018	<u>20,096</u>	<u>20,096</u>
At 31 December 2017	<u>23,446</u>	<u>23,446</u>

6. DEBTORS

	2018	2017
	€	€
Trade debtors	<u>500</u>	<u>1,400</u>

7. CREDITORS

Amounts falling due within one year	2018	2017
	€	€
Trade creditors	4,410	5,349
Taxation	3,495	1,543
Other creditors	-	2,980
Accruals	<u>1,200</u>	<u>1,200</u>
	<u>9,105</u>	<u>11,072</u>

8. CAPITAL COMMITMENTS

The company had no material capital commitments at the year-ended 31 December 2018.

9. POST-BALANCE SHEET EVENTS

There have been no significant events affecting the company since the year-end.

Narrative 4 Company Limited by Guarantee

(A company limited by guarantee, without a share capital)

NOTES TO THE FINANCIAL STATEMENTS

continued

for the year ended 31 December 2018

10. CASH AND CASH EQUIVALENTS	2018	2017
	€	€
Cash and bank balances	62,775	29,525

11. APPROVAL OF FINANCIAL STATEMENTS

The financial statements were approved and authorised for issue by the board of directors on 6 June 2019.

NARRATIVE 4 COMPANY LIMITED BY GUARANTEE
(A company limited by guarantee, without a share capital)

SUPPLEMENTARY INFORMATION

RELATING TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 DECEMBER 2018

Narrative 4 Company Limited by Guarantee

(A company limited by guarantee, without a share capital)

SUPPLEMENTARY INFORMATION RELATING TO THE FINANCIAL STATEMENTS

TRADING STATEMENT

for the year ended 31 December 2018

	Schedule	2018 €	2017 €
Income		<u>148,802</u>	<u>100,605</u>
Gross surplus Percentage		<u>100.0%</u>	<u>100.0%</u>
Overhead expenses	1	<u>(117,835)</u>	<u>(57,306)</u>
Net surplus		<u><u>30,967</u></u>	<u><u>43,299</u></u>

Narrative 4 Company Limited by Guarantee

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SUPPLEMENTARY INFORMATION RELATING TO THE FINANCIAL STATEMENTS

SCHEDULE 1 : OVERHEAD EXPENSES

for the year ended 31 December 2018

	2018	2017
	€	€
Administration Expenses		
Wages and salaries	59,058	22,302
Social welfare costs	6,082	2,397
Rent payable	150	-
Insurance	2,900	-
Cleaning	82	-
Repairs and maintenance	1,816	4,664
Printing, postage and stationery	1,941	1,084
Advertising and marketing	200	569
Telephone	860	986
Motor and travel expenses	4,849	46
Legal and professional	6,500	4,307
Programs and outreach	24,847	16,382
Accountancy	5,141	1,200
Bank charges	59	18
General expenses	-	1
Depreciation of tangible fixed assets	3,350	3,350
	<u>117,835</u>	<u>57,306</u>



Maere 2018

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